



POMONA UNIFIED SCHOOL DISTRICT

Respect, Relationships, Responsibility and Results

LOCATION: **DISTRICT OFFICE**
PARENT CENTER
800 S. GAREY AVE.
POMONA, CA 91766



NAMI Ending the Silence

National Alliance on Mental Illness



What is NAMI Ending the Silence?

NAMI Ending the Silence is a free, 50-minute presentation designed to give students an opportunity to learn about mental illness through an informative Power Point and short videos. Through the presentation, students learn symptoms and indicators of mental illness, and are given ideas about how to help themselves, friends, or family members who may be in need of support. Additionally, the presentation includes personal testimony from a young adult living with a mental illness about his/her journey to recovery.

NAMI Pomona Valley, your local organization of the National Alliance on Mental Illness, will offer its next NAMI Ending the Silence presentation to your school upon request.

Tuesday, October 30,
2018
8:30 – 10:30am

Join Us, and learn how you can support your child!

Learn tools to support your child while in school!